**BARTON COMMUNITY COLLEGE**

**COURSE SYLLABUS**

1. **GENERAL COURSE INFORMATION**

Course Number: NURS 1208

Course Title: MENTAL HEALTH NURSING II

Credit Hours: 4 cr hr (Theory –2 cr hr = 25 contact hours & Clinical 2 cr hr = 90

Contact hours)

Prerequisites: LPN license, NURS 1257, NURS 1259, NURS 1264

Division/Discipline: Workforce Training and Community Education/ Nursing

Course Description: This course focuses on the care of patients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of patients facing emotional and psychological stressors, as well as promoting and maintaining the mental health of individuals and families. The concepts of patient-centered care, professionalism, clinical judgment and therapeutic communication are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to patients in a variety of settings.

1. **INSTRUCTOR INFORMATION**
2. **COLLEGE POLICIES**

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoid instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is determined to be detrimental to the College's educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. [Most up-to-date documents are available on the College webpage.]

Any student seeking an accommodation under the provisions of the Americans with Disabilities Act (ADA) is to notify Student Support Services via email at [disabilityservices@bartonccc.edu](mailto:disabilityservices@bartonccc.edu).

1. **COURSE AS VIEWED IN THE TOTAL CURRICULUM**

Mental Health Nursing II is designed to partially fulfill the curriculum approved by the Kansas State Board of Nursing for completion of the Associate Degree in Nursing completion.

The transferability of all courses will vary among institutions, and perhaps even among departments, colleges, or programs within an institution. Institutional requirements may also change without prior notification. Students are responsible to obtain relevant information from intended transfer institutions to insure that the courses the student enrolls in are the most appropriate set of courses for the transfer program.

1. **ASSESSMENT OF STUDENT LEARNING**

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

**ADN Alignment Program Outcomes/Barton Student Learning Outcomes (SLO)**

1. Integrate caring behaviors in practicing the art and science of nursing within a diverse population.
2. Implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
3. Collaborate with clients and members of the interprofessional health care team to optimize client outcomes.
4. Formulate safe and effective clinical judgments guided by nursing process, clinical reasoning, and Evidence-Based Practice.
5. Manage care and provide leadership to meet client needs using available resources and current technology.
6. Generate teaching and learning processes to promote and maintain health and to reduce risks for a global population.
7. Demonstrate effective communication methods to manage client needs and to interact with other health care team members.

**Quality and Safety Education for Nurses (QSEN)**

1. Patient-Centered Care: Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient’s preferences, values, and needs.
2. Teamwork and Collaboration: Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.
3. Evidence-Based Practice (EBP): Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.
4. Quality Improvement (QI): Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.
5. Safety: Minimizes risk of harm to patients and providers through both system effectiveness and individual performance.
6. Informatics: Use information and technology to communicate, manage knowledge, mitigate error, and support decision making.

Course Outcomes, Competencies and Supplemental Competencies

1. Examine the components of a cognitive, mental and behavioral health assessment on patients across the lifespan with mental health disorders. (SLO 1, 4, QSEN 1)
2. Perform a general mental health assessment of patients experiencing mental health alterations.
3. Identify significant assessment data as it relates to individual patients experiencing mental health alterations.
4. Adhere to ethical, legal and professional standards in the provision of care for patients with mental health disorders. (SLO 2, QSEN 1, 2, 5)
5. Provide nursing care according to professional standards of practice.
6. Display professional accountability and responsibility in a mental health setting.
7. Demonstrate ethical and legal principles while participating in the care of patients experiencing mental health alterations.
8. Provide nursing care according to regulatory guidelines and institution policies.
9. Participate as a member of the interprofessional healthcare team in the provision of safe, quality care of patients experiencing mental health alterations. (SLO 1, 3, QSEN 1, 2)
   1. Examine the role of the registered nurse in providing patient-centered care as a member of the mental healthcare team.
   2. Analyze contributions of other individuals and groups in helping patients and families achieve mental health goals.
   3. Examine patient care needs and advocate for patients and families with respect for culture, preferences, values, and beliefs.
10. Demonstrate effective clinical judgment when participating in the provision of safe, quality care to patients with mental health disorders. (SLO 1,4,5,6, QSEN 1, 3, 5)
11. Analyze strategies that provide a safe environment for patients, self, and others while supporting quality patient-centered care.
12. Implement National Patient Safety Goals.
13. Develop an individualized evidence-based plan of care that includes cultural, spiritual, and developmentally appropriate interventions incorporating education for patients and families.
14. Integrate knowledge of pharmacological, nutrition, and established evidence-based practices when caring for patients experiencing mental health alterations.
15. Use verbal and nonverbal communication that promotes caring, therapeutic relationships with patients and their families, as well as professional relationships with members of the healthcare team. (SLO 1,7, QSEN 1, 2)
16. Implement methods of effective communication when interacting with members of the healthcare team.
17. Analyze concepts related to therapeutic use of self when providing care to patients and families experiencing mental illness.
18. Evaluate verbal and nonverbal communication techniques to promote a trusting environment, therapeutic relationships and shared decision making with patients and families.
19. **INSTRUCTOR’S EXPECTATIONS OF STUDENTS IN CLASS**
20. **TEXTBOOKS AND OTHER REQUIRED MATERIALS**
21. **REFERENCES**
22. **METHODS OF INSTRUCTION AND EVALUATION**
23. **ATTENDANCE REQUIREMENTS**
24. **COURSE OUTLINE**