**BARTON COMMUNITY COLLEGE**

**COURSE SYLLABUS**

**I. GENERAL COURSE INFORMATION**

Course Number: MENT 1003

Course Title: Mental Health Technician Clinical I

Credit Hours: 5 credit hours

Prerequisite: Admission to MHT program; successful completion of Psychiatric

Therapeutic Treatments and Interventions

Division/Discipline: WTCE

Course Description: This course is a clinical application course that will allow the student to implement effective communication, evaluate and provide a safe and comfortable environment for the patient, assist with activities of daily living, refine observational skills and provide the patient care to patients with a variety of medical and mental health conditions.

**II. INSTRUCTOR INFORMATION**

**III. COLLEGE POLICIES**

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoiding instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The College reserves the right to suspend a student for conduct that is determined to be detrimental to the College educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. (Most up-to-date documents are available on the College webpage).

Any student seeking an accommodation under the provisions of the Americans with Disability Act (ADA) is to notify Student Support Services via email at [disabilityservices@bartonccc.edu](mailto:disabilityservices@bartonccc.edu).

**IV. COURSE AS VIEWED IN THE TOTAL CURRICULUM**

Mental Health Clinical I is designed to fulfill the curriculum approved by the Kansas State Board of Nursing for MHT certificate completion. This course is a clinical application course for the concepts and content learned in all previous courses in the Mental Health Technician program.

**V. ASSESSMENT OF STUDENT LEARNING**

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning. The competencies will be assessed through written, oral, practicum or presentation.

Course Outcomes, Competencies, and Supplemental Competencies:

A. Apply knowledge and demonstrate effective communicate with patients and others to ensure continuity of care

1. Apply opportunities for others to express concerns.

2. Identify nonverbal behavior and listening carefully.

3. Recognize resident and personal barriers to communication.

4. Interpret behavior or communication that reflects distress.

5. Demonstrate sensitivity to residents’ verbal and nonverbal communications, changes in

thought process, mood and behavior, and identify important elements of an effective helping

relationship.

6. Participate in the nursing process.

7. Report significant changes in resident’s condition and in a timely manner.

8. Share information objectively and subjectively in a professional manner.

9. Describe how resident rights are supported by actions of staff.

10. Describe how confidentiality of resident information is maintained.

11. Describe legal responsibilities related to negligence, neglect, and abuse.

12. Demonstrate verbal de-escalation skills to respond to resident’s unsafe

behaviors.

13. Use techniques that support the care plan including behavior modifications,

therapeutic communication, reality orientation, and validation.

14. Provide patient education.

15. Relate effectively with other team members.

B. Apply knowledge and demonstrate ability to provide comfort and safety of residents.

1. Utilize techniques to promote rest and sleep.

2. Utilize techniques to promote pain relief.

3. Describe how to determine effectiveness of pain relieving measures.

4. Define the purpose of advance directives.

5. Use activities that respect the resident’s control of his/her personal living space.

6. Give examples of resident situations that influence safety.

7. Define contraband and listing common contraband articles.

8. Describe and perform a body check.

9. Describe and perform a room check.

10. Demonstrate effective handwashing and donning personal protective equipment

to prevent and control infection.

11. Recognize when use of standard, contact, droplet, or airborne precautions

would be used.

12. Use safety precautions to prevent resident falls, burns, electrical, or chemical

injury.

13. Use safety precautions to prevent resident choking and to assist resident who

is choking.

14. Use safety precautions for oxygen use.

15. Use facility’s fire, tornado, elopement, medical, and other emergency

procedures to ensure safety.

C. Apply knowledge and demonstrate ability to assist with resident’s daily activities as

evidenced by:

1. Demonstrate good body mechanics and determining the most safe transfer

technique for lifting and moving a resident.

2. Demonstrate safe practices with a transfer belt.

3. Demonstrating correct body alignment while repositioning a resident.

4. Explain useful devices that aid the resident in maintaining correct body

alignment.

5. Explain useful devices that assist the resident in walking or ambulation and

demonstrating how these devices are adjusted.

6. Demonstrate proper use of the wheelchair as a mobility device.

7. Demonstrate use of mechanical lifting devices.

8. Recognizing improper hygiene practices and provide education and

encouragement to patients that need assistance with hygiene.

9. Set goals for oral hygiene and following safe general practices for oral hygiene.

10. Demonstrating proper technique for assisting residents’ with mouth care and

dentures.

11. Choose goals for skin care and follow safe practices when assisting the

resident with showering, bathing, and perineal care.

12. Demonstrate how to assist the resident with dressing and undressing and

follow general guidelines for personal grooming.

13. Demonstrate safe care of patient’s fingernails and toenails.

14. Assist the patient with prosthetic or assistive devices.

15. Assist the patient at meal time.

16. Demonstrate techniques that promote adequate intake.

17. Demonstrate safe procedure for assisting resident in using commode, toilet,

bedpan, or urinal.

18. Demonstrate care for a resident that is incontinent or urine or feces.

19. Demonstrate assistance to the resident and nurse during admission, transfer,

and discharge.

20. Demonstrate proper bed-making technique.

D. Apply knowledge and demonstrate ability to obtain accurate measurements.

1. Demonstrate how to record food intake.

2. Demonstrate accurate measurement of patient’s weight and height.

3. Demonstrate accurate measurement of intake and output.

4. Describe responsibility for resident with fluid restriction.

5. Demonstrate techniques for accurately measuring vital signs.

6. Identify changes and variations in vital signs that should be reported to the

nurse.

7. Recognize when observations should be reported and documented.

8. Describe techniques needed to assist with a physical examination.

E. Apply knowledge and demonstrate ability to provide care to resident’s with medical

issues.

1. Describe care guidelines and observations for the resident receiving an

intravenous infusion.

2. Describe care guidelines and observations for the resident receiving a tube

feeding.

3. Describe care guidelines and observations for the resident who has a urinary

catheter.

4. Demonstrate proper procedure for catheter care.

5. Describe care guidelines and observations for the resident who has diarrhea,

constipation, and fecal impaction.

6. Describe and demonstrate safe practices for enema administration.

7. Demonstrate proper procedure for administration of enema.

8. Describe care guidelines and observations for the resident who has a

colostomy.

9. Demonstrate proper procedure for cleaning and changing a colostomy bag.

10. Apply care precautions when heat or cold is applied to skin and body tissues.

11. Recognize oxygen delivery systems, identify oxygen administration devices,

and describe care measures for the resident who is receiving oxygen.

12. Describe uses for anti-embolism or elastic stockings, applying, and

monitoring.

13. Describe general guidelines and specific steps for specimen collection.

14. Demonstrate collection of urine sample and stool sample.

15. Identify the intended use for a restraint, comprehend role in care, and

demonstrate application of restraints.

16. Apply first aid measures when the patient has impaired skin integrity, burn

injury, faints, falls, seizure, shock, possible stroke, ingested harmful substance,

or choking.

**VI. INSTRUCTOR’S EXPECTATIONS OF STUDENTS IN CLASS**

**VII. TEXTBOOKS AND OTHER REQUIRED MATERIALS**

**VIII. REFERENCES**

**IX. METHODS OF INSTRUCTION AND EVALUATION**

**X. ATTENDANCE REQUIREMENTS**

**XI. COURSE OUTLINE**