BARTON COMMUNITY COLLEGE

##### COURSE SYLLABUS

###### SUMMER 2008

## I. GENERAL COURSE INFORMATION

Course Number: HLTH 1248

Course Title: Personal and Community Health

Credit Hours: 3

Prerequisites: None

Division/Discipline: Liberal Arts and Sciences/Health, Physical Education, and Recreation

Course Description: The purpose of this course is to provide a personal appreciation,

understanding, and awareness for good health and well-being by analyzing the causes and

effects of major health problems in our society today.

## II. CLASSROOM POLICY

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The college assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

The College reserves the right to suspend a student for conduct that is detrimental to the College’s educational endeavors as outlined in the College Catalog.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. Learn the rules of, and avoid instances of, intentional or unintentional plagiarism.

Anyone seeking an accommodation under provisions of the Americans with Disabilities Act should notify Student Support Services.

## III. COURSE AS VIEWED IN THE TOTAL CURRICULUM

The purpose of this course is to provide a personal appreciation, understanding, and awareness for good health and well-being by analyzing the causes and effects of major health problems in our society today.

This course will fulfill Health, Physical Education, and Recreation requirement or elective credit for BCC graduation. This course transfers for credit to all Kansas Regent Universities, and may be used to help fulfill a general education requirement at many. However, general education requirements vary among institutions, and perhaps even among departments, colleges, or programs within an institution. Institutional requirements may also change without prior notification. Students are responsible to obtain relevant information from intended transfer institutions to insure that the courses the student enrolls in are the most appropriate set of courses for the transfer program.

1. **ASSESSMENT OF STUDENT LEARNING/COURSE OUTCOMES**

Barton Community College assesses student learning at several levels:  institutional, program, degree and classroom.  The goal of these assessment activities is to improve student learning.  As a student in this course, you will participate in various assessment activities.  Results of these activities will be used to improve the content and delivery of Barton’s instructional program.

The goals of the course are that at the conclusion of the course, the student will be able

to answer the following questions:

1. What is good health?
2. What are the major health problems of today?
3. How is society dealing with some of today's major health issues, such as sexually transmitted diseases, substance abuse, and stress related diseases.
4. Am I moving toward optimal life-long health and well-being?
5. How am I presently dealing with the major health problems of today?
6. How can I objectively look at a health problem, search for current information, which is medically proven, and then decide upon my personal beliefs concerning that health problem?
7. How can I begin to prepare myself to make positive choices when dealing with future health problems?
8. How can I protect myself from sexually transmitted diseases?

## V. COURSE COMPETENCIES

Based upon the information presented and assigned, including the class experiences and

activities gained through the required textbook material, lectures, and demonstrations, the student enrolled in HLTH 1248 will be expected to:

1. Identify, describe, and define the major health problems of today.
2. Identify and describe the relationship between the major health problems of today and optimal life-long health and well-being.
3. Discriminate between the positive and/or negative aspects of treatment and prevention as dictated by society and/or the media.
4. Explain contrasting viewpoints when dealing with each health problem.

## VI. INSTRUCTOR'S EXPECTATIONS OF STUDENTS IN CLASS

## TEXTBOOKS AND OTHER REQUIRED MATERIALS

### VIII. REFERENCES

### IX. METHODS OF INSTRUCTION AND EVALUATION

## ATTENDANCE REQUIREMENTS

## COURSE OUTLINE