BARTON COMMUNITY COLLEGE

**COURSE SYLLABUS**

## GENERAL COURSE INFORMATION

Course Number: CHLD 1507
Course Title: Child Health, Safety and Nutrition
Credit Hours: 3
Division and Discipline: Workforce Training and Community Education- Early Childhood

Course Description: A study of the basic health, nutrition, and safety management practices for all young children.

## INSTRUCTOR INFORMATION

## COLLEGE POLICIES

Students and faculty of Barton Community College constitute a special community engaged in the process of education. The College assumes that its students and faculty will demonstrate a code of personal honor that is based upon courtesy, integrity, common sense, and respect for others both within and outside the classroom.

Plagiarism on any academic endeavors at Barton Community College will not be tolerated. The student is responsible for learning the rules of, and avoiding instances of, intentional or unintentional plagiarism. Information about academic integrity is located in the Student Handbook.

The college reserves the right to suspend a student for conduct that is determined to be detrimental to the College educational endeavors as outlined in the College Catalog, Student Handbook, and College Policy & Procedure Manual. (Most up-to-date documents are available on the College webpage.)

Any student seeking an accommodation under the provisions of the Americans with Disability Act (ADA) is to notify Student Support Services via email at disabilityservices@bartonccc.edu.

1. **COURSE AS VIEWED IN TOTAL CURRICULUM**

The Early Childhood program is planned so that students will acquire a basic understanding of the dynamics of a developing child through the study of young children and families. Field experiences are an integral part of this program. The program prepares students for professional careers in: child care administration, professional nanny, paraprofessional, family child care providers, preschool and child care center teacher and Head Start programs. Major topics include: theories and history of Early Childhood, child development, curriculum planning, health, safety and nutrition, administration, behavior and guidance, the role of families.

## ASSESSMENT OF STUDENT LEARNING

Barton Community College is committed to the assessment of student learning and to quality education. Assessment activities provide a means to develop an understanding of how students learn, what they know, and what they can do with their knowledge. Results from these various activities guide Barton, as a learning college, in finding ways to improve student learning.

Course Outcomes, Competencies, and Supplemental Competencies

1. Develop nutrition plans.
2. Evaluate their present food habits and compare recommended dietary allowances and demonstrate health appraisal techniques.
3. Define nutrition and the major nutrients including sources and important functions of each in reference to selecting nutritional food and practicing food safety.
4. Select and prepare nutritional foods for various categories of individuals – babies, growing children, and mothers to be.
5. Cite the nutritional needs during pregnancy, lactation, infancy, pre-school and school age years and develop nutrition policies and menus to be used in a child care center.
6. Identify strategies to increase family awareness of the health, safety and nutritional needs of young children.
7. Design and implement educational experiences which demonstrate principles of health, safety, and nutrition for young children.
8. Name and describe chronic and communicable illnesses of young children.
9. Produce an educational tool to be used to teach a nutrition concept to pre-schoolers.
10. Describe the signs of child abuse and neglect and list the information needed and methods required in reporting such to authorities.
11. List and describe the environmental elements that contribute to the physical and psychological well-being of children.
12. Describe and demonstrate management and prevention methods to reduce biological hazards.
13. **INSTRUCTOR’S EXPECTATIONS OF STUDENTS IN CLASS**
14. **TEXTBOOK AND OTHER REQUIRED MATERIALS**

1. **REFERENCES**
2. **METHODS OF INSTRUCTION AND EVALUATION**

## ATTENDANCE REQUIREMENTS

1. **COURSE OUTLINE**