

## **COVID-19 EXPOSURE GUIDELINES**

Guidelines are put in place to protect you as well as others.

In conjunction with the Barton County Health Department (BCHD), Kansas Department of Health and Environment (KDHE) and the Centers for Disease Control and Prevention (CDC), Barton Community College highly recommends the following guidelines be followed for exposure/quarantine and isolation for SARS COV-2 (COVID-19).

Exposure "Quarantine" Definition: Those who have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19.

"Isolation" Definition: Used to separate those infected with COVID-19 from those who are not infected.

## **Barton Community College HIGHLY RECOMMENDS the following:**

## **Exposure Guidelines:**

- > Recommend wearing a well fitted mask while around others for 10 days following exposure.
- > Self-monitor symptoms for 10 days after the last contact with an individual with known COVID-19.
- ➤ Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19.
- Immediately self-isolate if you become symptomatic until a negative test confirms symptoms are not attributed to COVID-19. Contact Student Health Services and your healthcare provider.

#### ISOLATION GUIDELINES AND ACKNOWLEDGEMENT

#### **Isolation Guidelines and Restrictions:**

- ➤ Stay home until it is safe for you to be around others 5 days since symptoms first appeared AND 24 hours with no fever without the use of fever-reducing medications AND other symptoms of COVID-19 are improving (*loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*). Wear a mask for an additional 5 days when around others.
- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- If you must be around others, social distance if possible and wear a mask.
- Do not attend on-campus/in-person classes. Students notify your instructor of isolation and provide the dates you will be isolated. Faculty/Staff notify your supervisor as well as HR of your isolation and provide dates.
- > Do not attend athletic events including practices/games or performing arts practices/event.

### Isolated students who live on campus:

- > Isolation will take place in your assigned dorm room. If feasible, you may return home for your isolation period.
- Boxed meals will be available at the cafeteria. Wear a mask and pick-up meals at the cafeteria entrance near the elevator (do not enter the actual cafeteria). Someone will be there to assist you. Present your student ID a meal will be prepared.
- No visitors are allowed during the isolation period.

#### Questions or Assistance on housing and/or meals:

On Call Mark Rogers/Kevin Johnston – 620-617-2788

### **Medical Support:**

- Student Health Services 620-792-9233
- Jenni Bauer, RN 620-786-0392

Medical Emergency – Call 911 - Advise 911 Operator you are in COVID-19 isolation

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It is my responsibility during this time period to abide by all housing rules and regulations: <a href="https://docs.bartonccc.edu/stuservices/student-life/student-housing/student-housing-handbook.pdf">https://docs.bartonccc.edu/stuservices/student-life/student-housing/student-housing-handbook.pdf</a>

I have been provided a copy of the Quarantine and Isolation Guidelines and Acknowledgement.

Failure to observe the above mentioned guidelines and restrictions can result in the immediate loss of this privilege and discharge from BCC housing complex.

I understand that violating isolation orders may result in a class c misdemeanor as described below per KSA 65-129.

**65-129. Penalties for unlawful acts.** Any person violating, refusing or neglecting to obey any of the rules and regulations adopted by the secretary of health and environment for the prevention, suppression and control of infectious or contagious diseases, or who leaves any isolation area of a hospital or other quarantined area without the consent of the local health officer having jurisdiction, or who evades or breaks quarantine or knowingly conceals a case of infectious or contagious disease shall be guilty of a class C misdemeanor.

**History:** L. 1917, ch. 205, § 2; R.S. 1923, 65-129; L. 1974, ch. 352, § 12; L. 1976, ch. 262, § 8; July 1.

## I accept the above terms willingly and of my own accord

Signature	[	Date
Printed Name	email address	