



HAVE A GREAT SUMMER!

July and August are here again and the Foundation is running "full steam ahead" with our summer schedule. The Big Benefit Auction, annual Foundation audit, staff vacations and regular daily work require so much time that unfortunately we have to take a hiatus from Silver Cougar Club events for these two months. We look forward to gearing up again for the fall and more good times with all of you. Please know that we will always make time to visit with you if you have any questions or concerns – just give us a call. Remember...the Great Bend campus is closed on Fridays from May 16 through August 5th. We are in the office Monday through Thursday, 7:30 a.m. – 5:00 p.m.







SILVER COUGAR CLUB PICNIC

Over 200 Silver Cougar Club members braved the threat of rain to attend the annual picnic on Monday, May 16. Great food catered by Great Western Dining added to the enjoyment and fun. The event concluded with a performance by the Prairie Timber Barbershop Quartet and the awarding of door prizes.

SILVER COUGAR CLUB PICNIC







CLASS



Linda McCaffery's Fall History Class

If you are a lover of history, you won't want to miss Linda McCaffery's next history class. The class will run from August 30 to October 25, 2016 in Room 129 on Tuesday's from 1:30 – 3:30 pm. Linda is on her much deserved summer vacation and I do not have a description or title of the class, but I do know it will be an educational and enjoyable experience. You may pre-register by calling the Foundation office at **(620) 786-1136** or **(620) 792-9306**. The cost for Silver Cougar Club Members will be \$32, cost for non-members will be \$104.

Tuesdays, August 30 - October 25, 2016 Fine Arts Building, Room F-129, 1:30-3:30 pm \$32 for Silver Cougar Club members

FOR YOUR INFORMATION

Increase in Fees and Tuition

Beginning with the 2016 fall semester the cost of tuition and fees will be increased to \$104 a credit hour. However, for Silver Cougar members the cost per credit hour will remain at \$32. Remember these fees apply to any on-campus class (with a maximum of six credit hours per semester). On-line classes are not available at this discounted price.

SCC Billing for Classes

It has come to our attention that many of you are receiving payment reminders from the business office for the classes you are taking at Barton, whether they are at our downtown facility or on campus. These reminders are sent out every month to anyone who has a remainder on their account. The amount you pay for a class covers fees; the tuition portion is covered by your SCC scholarship. The scholarship is a form of financial aid and is applied to bills periodically throughout each semester. If you still show a balance it simply means that your scholarship has not yet been applied to your account. If you receive this reminder let Donna, **(620) 792-9306**, know so she can check on this for you.



to our Silver Cougar Club members who will celebrate another year in

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Charlene Akers John Andress **Doris Berkley** Lila Berschauer Don Blythe **Darlene Boley Billie Bonomo** John Boor **Reta Brack** Leonard Bunselmeyer Jim DeLong Sharon East Marlene Ernsting Neva Fenwick Cynthia Gunn Angela Hammeke Don Hanhardt Sheila K. Hein Virginia Karlin Eileen Keenan

Luther Keil Janis Kelley Wilma Kirby **Charles Malone** June McGreevy Dale Oliver **Julie Phillips Regina Rose** Dan Sanneman **Bonnie Sarff** John Schreiber Kathy Schugart Dale Shaner Darwin Siefkes John Smith Joleen Tammen Patricia Trapp Joleen Tustin **Rosalie** Urban

Lynette Blakeslee Grady Bolding **Dolores Borgstadter** Howard Bosley Lois Brichacek Judith Burnette **Ronald Daniels** Dixie Divis Leona Duft Leon Dunn **Bill Duryee** Robert Feldt Nancy Gale Donna Gales Doris Goad Irv Gotsche Delores Grose Marty Hanhardt Gerald Kaiser Kay Kelly Bill King

Judith Kirkbride

Shirley-Ann Koochel Karen Kramp Carolyn Leigan Donna McCormick Vickie Mefford Karen Menzies **Beth Meveres** Patsy Mull **Rose Murphy** Donald E. Prescott Leonard Reed **Roy Robl** Laura Ann Schenkel Ed Schloctermeier Larry Schugart Ken Shaheen **Daniel Simpson** Mae Suppes Janice Walker Selma Webb Judith Werth Arleen Whittaker

WHAT'S COOKING?



Dill & Red Onion Salad Dressing

Ingredients:

- 1/4 medium red onion, finely minced
- 1 clove garlic, finely minced
- 1 t. coconut sugar, raw sugar, or honey
- 1/4 t. dried dill (fresh may be used if available)
- 4 T. olive oil
- 2 T. white vinegar
- sea salt & pepper, to taste

Directions:

Shake all ingredients together in a small mason jar. Refrigerate any left-overs.



Strawberry Lime Poppyseed Vinaigrette

Ingredients:

¼ C. chopped strawberries
¼ C. lime juice (approx. 2 limes)
¼ C. olive oil
1 T. honey
salt & pepper, to taste
1 t. poppy seeds

Directions:

Combine all of the ingredients, except poppy seeds, in a miniblender or Magic Bullet, and blend till pureed and emulsified. Stir in poppy seeds.



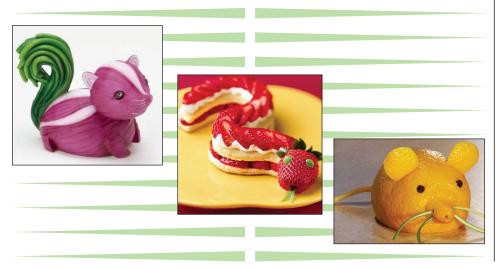
Creamy Italian Salad Dressing (Oil-Free)

Ingredients:

1½ C. cooked white beans (drain and rinse if using canned)
½ C. (to 1 C.) water
2-3 T. fresh squeezed lemon juice
½ t. garlic powder
2 t. dried parsley
1½ t. onion powder
1 t. dried oregano
1 t. sea salt (optional)

Directions:

Warm beans slightly then place in a blender or food processor. Pour in ½ C. water. Squeeze juice from lemon into a small dish, remove any seeds, then pour juice into dressing. Start with 2 T. of lemon juice and add one more tablespoon of juice if needed. Dump in the rest of the spices, then blend/process well. Scrap sides of container and add more water if necessary. Dressing should come out creamy and smooth. More water and spices can be added to suit your taste.



Severe Weather Word Search

S	F	В	L	Ι	Ζ	Ζ	А	R	D	Ν	В	А	F	F	Ι	J	G	V	R
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ADVISORY	CLOUDS	FROSTBITE	MICROBURST
PRESSURE	CUMULONIMBUS	HAIL	NOR'EASTER
ALMANAC	FLOODING	HEAT	PRECIPITATION
BAROMETER	DROUGHT	HURRICANE	THUNDERSTORM
BLIZZARD	FREEZE	LIGHTNING	TORNADO





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Silver Cougar Club Comings & Goings Newsletter July & August 2016



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