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TRIP

MUSEUM, ART & MERIDY'S

Just when cabin fever is driving you crazy, join us for a day of museums, art and great food. On Tuesday, January 19, 2016 we will leave campus at 8:30 a.m. and head for the Sternberg Museum in Hays. When you have exhausted all the wonderful exhibits there, we will board the bus for Russell and have lunch (on your own) at Meridy's. Following lunch we will tour the Deines Cultural Arts Center and then return to campus by late afternoon before it gets dark.

The cost will be \$20 per person and this trip will require a minimum of 20 with a maximum of 42. The RSVP deadline is January 11th. To reserve your spot contact our office at **(620) 786-1136** or **(620) 792-9306**. Remember our office will be closed from December 21st to January 3rd. <u>No e-mail or voice mail reservations</u> will be honored.

Tuesday, January 19, 2016 Leave campus at 8:30 a.m. Return to campus before dark \$20 per person Reservation and payment due January 11th.





Meridy's Restaurant - Russell







Deines Cultural Arts Center - Russell



CLASSES AQUA AEROBICS

Candy Teichman will be teaching two Aqua Aerobics class this spring. Even though it is not specifically a Silver Cougar Club class, members may take this class at the same reduced rate of \$32 a credit hour. The class meets on Tuesdays and Thursdays from 5:30 – 7:00 p.m. in the Barton pool. The first session will run January 11, 2016 – March 4, 2016, the second session will begin March 7 and run until May 16. To enroll in this class contact Enrollment Services (620) 792-9215 before the first day of class. Remember the pool has a new set of stairs which makes it much easier to get in and out of the water.

Tuesdays and Thursdays, 5:30 - 7:00 pm First session: January 11 - March 4, 2016 Second session: March 7 - May 16, 2016 \$32 per credit hour





THE AGE OF ENLIGHTENMENT 1650-1815

One major result of the Reformation was religion no longer controlled intellectual thought. The result was known as the Enlightenment, a period of advances in science, art, literature, and views of government. If humans can solve problems rationally, couldn't man govern themselves? The days of the absolute rule of Louis XVI were replaced by a republic. The change did not come without the chaos of revolution.

This class will cover the splendor and paranoia of Louis XVI, the American and French Revolutions, and the dictatorship of Napoleon. During this period, Spain crumbles and England rises to status as a world power, while the fledgling American Republic struggles to survive.

Linda McCaffery will once again engage the students with her passion for history and its impact on our lives today. This class will run each Tuesday from January 26 – April 5th, 2016 from 1:30 – 3:30 p.m. in room F-129. To pre-register for this class contact our office at **(620) 786-1136** or **(620) 792-9306**.

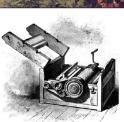
Tuesdays, January 26 - April 5, 2016 1:30 - 3:30 pm, in Room F-129 Fine Arts Building on Barton campus \$32 per credit hour





3





The American Revolution

SCC SCHOLARSHIP RECIPIENT



Margaret's words from her thank you note:

"I would like to express my sincere gratitude for the generous scholarship you have allowed me to receive. With your help, I am now able to move one year closer to my educational goals. As I continue to work three jobs and attend school part-time as a single parent, I plan

on continuing to keep a positive attitude to finish my elementary education degree. Although I already have one bachelor's degree, I believe in the strength of education to help our younger generations become successful leaders. It is for this reason, I will, by example, lead our young people down a path of education that someday they can pass on to their future generation. Again thank you so much.

Sincerely, Margaret Flint

"...my sincere gratitude.."

to our Silver Cougar Club members who will celebrate another year in January & February

JANUARY

Iva Behrens Violet Black Jerry Borgstadter **Rick Bussman** Leesa Butler **Coralie Button Ruth Cochrane** Nancy Converse Rob Dove Don Erskin Merle Evers **Shirley Flick** Larry Gale Al Herrman Jack June John Keenan **Ronald Koch** Judy Komarek

John Koochel Marlies Krug Elsie Learned Ruth Lowry **Carolee** Nolte Kenneth Pekarek **Carol Reinhardt Rosemary Robl** Ann Shull James Sickbert Patricia Teel Sharla Thill John Thorson Virginia Tinkler Lillian Tschopp **Cheryl Wegele** Vance Wise

FEBRUARY

Dolores Appel **Jane Bahr** Ellen Baldwin **Joan Bohart** Derinda Bussman Virginia Cheely Imogene Christiansen **Jacqueline** Curtis **Janell Curtis** Jan Dunn **Terry Esfeld** Earl Fox Carol Hickel Hazel Hoffman Terri Horner Harlen Jerke

Shirley Luther Ronnie Lutz Teresa Malone Patricia Mauch Gerald Mauler Martha McCarty Karen Otte Jana Reed Alan Rose Verlin Schuster Marvin Sessler **Dennis Strecker Rosy Tomlin** Mary Ann Webster Sue Wells Lois Wolfe

WHAT'S COOKING?



Slow-Cooker Breakfast Casserole

Ingredients:

1 (32 oz.) bag frozen hash brown potatoes
1 lb. bacon
1 small onion, diced
8 oz. sharp cheddar cheese, shredded
½ red bell pepper, diced
½ green bell pepper, diced
12 eggs
1 cup milk

Directions:

Cut bacon into small pieces, cook and drain (You could use precooked bacon to speed up the process). In the bottom of a slow cooker, layer: half of the hash browns and half of the following: onions, bacon, green and red peppers and cheese. Repeat layers with the remaining ingredients ending with cheese. In a medium sized bowl beat eggs and milk together. Pour egg mixture over the casserole and top with salt and pepper to taste. Cook on low for 4 hours or warm for 8 hours.





Apple Pie Overnight Breakfast Bake

Ingredients:

- 5 T. butter
- 5 large granny smith apples (approx. 8 cups peeled and sliced)
- 2/3 cup brown sugar
- 3 T. water
- 1 T. cinnamon
- 1 T. corn starch
- 14 slices white bread, crusts removed
- 6 large eggs
- 2 cups milk
- 1¹/₂ t. vanilla extract

Directions:

Combine eggs, milk and vanilla. Set aside. Peel & slice apples approximately 1/4" thick. Melt the butter in a frying pan and add apples, brown sugar, cinnamon and water. Cook on medium heat for about 8 minutes or until apples are slightly softened. In a separate bowl, combine 1 T. corn starch and 1 T. water to create a slurry. Push the apples over to one side of the pan, turn the heat up to medium high and pour some of the corn starch mixture into the boiling liquid until it thickens. Depending on how much liquid is in your apples, you may not need all of the slurry. Spread apple mixture into a 9x13 pan. Top with 1/2 of the bread slices and spoon 1/2 of the egg mixture over the bread. Top with a second layer of bread slices and remaining egg mixture. Cover with foil and refrigerate overnight. In the morning, remove the pan from the refrigerator while preheating the oven to 350 degrees. Bake covered for 35 minutes. Remove foil and bake an additional 10-15 minutes or until bread is firm. Remove from the oven and let cool 10 minutes. Invert into a pan.

Valentine's Day

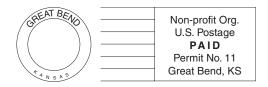
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CANDLE LIGHT CARDS CHOCOLATE CUPID DATE DINNER FIRST KISS MEMORIES MOVIE PINK POEM PROPOSAL RED ROMANCE

ROSES ST. VALENTINE SWEETARTS TEDDY BEAR TRUE LOVE



RETURN SERVICE REQUESTED





Silver Cougar Club Comings & Goings Newsletter January & February 2016



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