TABLE OF CONTENTS

SECTION	PAGE NUMBER
Welcome	
Meet the Admissions Team	2
Student Online Services	3
Student Confidentiality	
Family Education Rights and Privacy Act (FERPA) Student Consent to Release Educational Records	5 6
Preparing for College Life	
High School vs College	7
The Freshman Year	8
What Students should learn before coming to Barton	9
Financial Limitations	
Managing Money Knowing the Basics	
Sharing a Room	
Managing Time	
Supporting Your Cougar Student	
Tips for Parenting a Cougar	10
Care Package Ideas	12
Top Ten Gifts for Your Students	13
Especially for Families of Commuter Students	14
The Family Transition	
Commuter vs Resident Students	
Making the Most of the Barton Experience	
Getting Involved on Campus	15
How to Help Your Student Succeed	
Student Clubs and Organizations	16
Student Academic Activities	19
Intramurals	20
Student Health at Barton	
A Healthy Lifestyle	21
Safety Measures	
Safe Sex	
Date Rape & Abuse Nutrition and Fitness	
Alcohol and Other Drugs	22
Health Services at Barton	23

SECTION	PAGE NUMBER
Becoming a Successful Student	
Success Begins with You	24
Student Services	25
Academic Advising Testing and Placement Bookstore Career Center Child Development Center Counseling Computer Lab Disability Services Library Security TRIO Programs Tutoring Veterans Services	
Paying for College	
Cost Information	31
Sources of Financial Help Federal Financial Aid Activity and Departmental Scholarships Academic Scholarships Athletic Scholarships Payment Options Other Sources of Aid Tax Credits	33
Campus Employment	
Financial Aid Checklist	35
Frequently Asked Questions	36
How to Talk Like a Cougar	37
Campus Directory	41
Important Dates to Remember	44
Scholarship Opportunities	45
Campus Map	