

Nutrition and Health

Emphasis of Study

Associate of Science - 60 Credit Hours

Zone 1: Foundation Courses							
Sect	or A: Written and Ora	l Communication					
	ENGL 1204 or	English Composition I or	3				
	ENGL 1209	English Composition I with Review					
	ENGL 1206	English Composition II					
	COMM 1230	M 1230 Public Speaking					
Sector B: Mathematical Reasoning See list of approved courses on page 3.							
	☐ MATH 1828 College Algebra						
Sector C: Technological Skills See list of approved courses on page 3.							
	BSTC 1036	Computer Concepts & Applications OR Equivalent	3				
Sect	or D: Global Issues an	d Diversity* See list of approved courses on page 3.					
			3				
Tota	I		18				
*A course in Zone 1, Sector D Global Issues and Diversity could apply and meet the requirement in the appropriate Sector in Zone 2. It is possible to achieve the requirements of Zone 1 with 15 credit hours.							
it is poss	sible to achieve the requireme	ints of Zone 1 with 15 credit nours.					
Zone	e 2: Introductory Co	Urses Six classes, at least one from each area, minimum of 18 and maximum of 24 credit hours.	,				
Sect	or A: Arts and Human	ities See list of approved courses on page 4.					
Sector B: Social Sciences See list of approved courses on page 6.							
	SOCI 1100	Introduction to Sociology OR					
	PSYC 1000	General Psychology					
	ECON 1610	Principles of Macroeconomics					
Sector C: Mathematics and Pure Science One lab science required. See list of approved courses on page 7.							
	CHEM 1806	Chemistry I	5				
	Life 1402	Principles of Biology	5				
Sector D: Personal Well-Being Restricted to two credits in PHED or HLTH. See list of approved courses on page 8.							
	HOME 1501	Basic Nutrition	3				
Tota	<u> </u>		19				
Student Name: ID#: Placement Scores:EnglishMathReading							

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		equirements and Electives nes 1 and 2, the credit hours in Zone 3 con	uld vary hotween 18 and 27	
	or A: Emphasis Re		nu vary between 10 and 27.	
	LIFE 1407	Anatomy and Physiolog	y I	4
	LIFE 1409	Anatomy and Physiolog		4
		, , ,	<u>, </u>	
Secto	or B: Emphasis Ele	ectives		
Secto	or C: Other Election	ves		
Tota				60
STAT :	1829 Elements of TAL that you com		s electives: each semester regarding if/where you plan to	0
cruiisi	C1.		Review Date Effective Date	
Studer	nt Name:	ID#:	Placement Scores:EnglishMath	Reading