

## **Nutrition and Health**

**Emphasis of Study** 

## Associate of Science - 60 Credit Hours

Zone 1: Foundation Courses								
Sect	or A: Written and Ora	l Communication						
	ENGL 1204 or	English Composition I or	3					
	ENGL 1209	English Composition I with Review						
	ENGL 1206	NGL 1206 English Composition II						
	COMM 1230	Public Speaking						
Sector B: Mathematical Reasoning See list of approved courses on page 3.								
☐ MATH 1828 College Algebra								
Sector C: Technological Skills See list of approved courses on page 3.								
	BSTC 1036	Computer Concepts & Applications OR Equivalent	3					
Sect	or D: Global Issues an	d Diversity* See list of approved courses on page 3.						
			3					
Tota	I		18					
		ssues and Diversity could apply and meet the requirement in the appropriate Sector in Zone 2.						
it is poss	sible to achieve the requireme	ents of Zone 1 with 15 credit hours.						
Zone	e 2: Introductory Co	<b>Urses</b> Six classes, at least one from each area, minimum of 18 and maximum of 24 credit hours.	,					
Sect	or A: Arts and Human	ities See list of approved courses on page 4.						
Sect	or B: Social Sciences s	ee list of approved courses on page 6.						
	SOCI 1100	Introduction to Sociology OR						
	PSYC 1000	General Psychology						
	ECON 1610	Principles of Macroeconomics	3					
Sect	or C: Mathematics an	d Pure Science One lab science required. See list of approved courses on page 7.						
	CHEM 1806	Chemistry I	5					
	Life 1402	Principles of Biology	5					
Sect	or D: Personal Well-B	eing Restricted to two credits in PHED or HLTH. See list of approved courses on page 8.						
	HOME 1501	Basic Nutrition	3					
Tota	<u> </u>		19					
Stude	nt Name:	ID#: Placement Scores:EnglishMathRe	ading					

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Zone	e 3: Emphasis R	equirements and Elective		
Depen	ding upon choices in Zoi	nes 1 and 2, the credit hours in Zone 3		
Sect	or A: Emphasis Ro	•		
Ш	LIFE 1407	Anatomy and Physiol		4
	LIFE 1409	Anatomy and Physiol	ogy II	4
Sect	or B: Emphasis El	ectives		
	<b>,</b>			
Sect	or C: Other Electi	ves		
Ш				
Ш				
Tota	l			60
STAT	1829 Elements of TAL that you com	State, recommended empha Statistics. Imunicate with your advisor		ng if/where you plan to
cransi	Ci.			Review Date: 09/2
				Effective Date: 08/2
Stude	nt Name:	ID#:	Placement Scores:	EnglishMathReading
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