

# **Exercise Science**

## **Emphasis of Study**

Reading

### Associate of Science - 60 Credit Hours

Zone	e 1: Foundation Cou	irses				
Sect	or A: Written and Ora	l Communication				
	ENGL 1204 or	English Composition I or	3			
	ENGL 1209	English Composition I with Review				
	ENGL 1206	English Composition II	3			
	COMM 1200 or	Interpersonal Communications or	3			
	COMM 1230	Public Speaking				
Sect	or B: Mathematical Ro	<b>easoning</b> See <u>General Education List</u> and Advisor for Transfer Information				
		College Level Mathematics				
Sect	or C: Technological Sk	Sills See <u>General Education List</u> and Advisor for Transfer Information				
			3			
Sect	or D: Global Issues an	d Diversity* See General Education List and Advisor for Transfer Information				
			3			
Tota	l		18			
*A course in Zone 1, Sector D Global Issues and Diversity could apply and meet the requirement in the appropriate Sector in Zone 2.						
It is poss	sible to achieve the requireme	ents of Zone 1 with 15 credit hours.				
Zone	e 2: Introductory Co	<b>UITSES</b> Six classes, at least one from each area, minimum of 18 and maximum of 24 credit hours.				
	•	ities See <u>General Education List</u> and Advisor for Transfer Information				
Socto	or R: Social Sciences s	ee <u>General Education List</u> and Advisor for Transfer Information				
	D. Social Sciences 3	ee <u>General Education Elsc</u> una Advisor for Transfer Information				
			-			
	C. B.4	d Down Colombia				
Sector C: Mathematics and Pure Science One lab science required. See General Education List and Advisor for Transfer Information						
П						
Socto	or D: Personal Well-R	Leing Restricted to two credits in PHED or HLTH. See <u>General Education List</u> and Advisor for Transfe	or			
Inform		Enig Restricted to two credits in Pried of richn. see <u>General Education List</u> and Advisor for Transfe	21			
	HLTH 1248	Personal & Community Health	3			
	PHED 1246	First Aid Emergency Care	3			
	-	,				
Tota	<u> </u> 	1	24			
Student Name:		ID#: Placement Scores:EnglishMathRo	eadin			

Non-Discrimination Notice: Barton Community College adheres to all federal, state, and local civil rights laws prohibiting discrimination in employment and education. Barton Community College does not discriminate in its admissions practices [except as permitted by law], in its employment practices, or in its educational programs or activities on the basis of sex/gender, race, color, national origin, disability or any other protected classes enumerated in Policy 1132. Any person having inquiries concerning Barton County Community College's non-discrimination compliance policy, including the application of Equal Opportunity Employment, Titles IV, VI, VII, IX, Section 504 and the implementing regulations, is directed to contact Barton's Title IX Coordinator, Cheryl Brown, Title IX Coordinator, 245 NE 30 Road, Great Bend, KS 67530, (620) 786-7441, <a href="mailto:titleix@bartonccc.edu">titleix@bartonccc.edu</a> or <a href="mailto:tree="mailto:tre



Student Name:

# **Exercise Science**

## **Emphasis of Study**

Zone 3: Emphasis Requirements and Electives  Depending upon choices in Zones 1 and 2, the credit hours in Zone 3 could vary between 18 and 27.					
Sector A: Emphasis Requirements					
	PHED 1253	Care & Prevention of Athletic Injury	3		
	PHED 1270	Introduction to Exercise Science	3		
Sector B: Emphasis Electives					
	HOME 1501	Basic Nutrition	3		
	HLTH 1247	Lifetime Fitness & Wellness	2		
	PHED 1242	Introduction to Health-PE-Recreation	3		
	PHED 1326	Concepts of Personal Training	3		
Sector C: Other Electives					
Tota	Total				

Review Date: 09/21 Effective Date: 08/22

\_\_\_\_\_\_ID#:\_\_\_\_\_ Placement Scores:\_\_\_English\_\_\_Math\_\_\_Reading